

St. James' C of E Primary School

PE and Sports Action Plan 2017 - 2018

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>Increased participation in Level 2 school games events</p> <p>Introduction of inclusive house events each term engaging the whole school with Level 1 competitive sporting events.</p> <p>Improved communication with parents about sporting opportunities provided in school and signposting to external sports clubs – The Scoop PE Extra, Twitter and Facebook</p> <p>Increased number of pupils engaged in leading sport and physical activity in school.</p> <p>Develop the values needed for sport; teamwork, problem solving, creativity, imagination and self-confidence within their peers through the introduction of a 'Scrapstore Playpod' at lunchtimes.</p> <p>Staff CPD monitored for sustained confidence and competence</p> <p>Extra-curricular clubs give pupils the opportunity to engage in a wide variety of sporting opportunities which focus on physical activity, sports skills and wellbeing.</p> <p><i>See Active Gloucestershire 'Physical Activity and School Sports Awards' Application Form for further details.</i></p> <p><i>St James' C of E Primary won the whole school improvement category 2016-2017</i></p>	<p>Continue to provide CPD for staff focusing on PE lessons not only teaching skills and attitudes but ensuring pupils are engaged in moderate to vigorous physical activity. (contribute to 60 minutes of physical activity in a day) <i>PHE : Around two in ten children aged 5-15 years meet the Gov. recommendations for physical activity (boys 21%, girls 16%)</i></p> <p>Increase participation of KS 1 pupils in inter-school sporting activities. <i>Participation spreadsheets from 2016-2017 showed only 14 KS1 children attended interschool sporting events (Cluster Quad Kids and SSN Mini Red Tennis). All Reception and KS1 pupils (180 pupils) attended a SSN Multi-skills festival and Year 1 and 2 attended a multi skills festival at Bournside Secondary School.</i></p> <p>Promote and support pupils and parents knowledge of how to keep themselves healthy, including through exercise and healthy eating. Pupils making informed choices about eating and physical activity. 2017 National child measurement programme: <i>16.8% of St James' Reception pupils were overweight or obese compared to 22% across schools in England and 23% in Glos. LEA</i> <i>22.8% of St James' Year 6 children were overweight or obese compared to 34% across all schools in England and 32% in Glos LEA</i> Findings from the 'Food education and learning landscape study' to support this aspect of our provision The Sport England Strategy ' Towards an Active Nation' (2016)</p> <p>Develop inter house competitions so they are embedded in the yearly sporting calendar and sustainable.</p>

Pupil voice and parent questionnaire from 2016-2017
Achieve the Gold School Games Mark
 2016-2017 achieved Silver Games Mark

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	100%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	100%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/ No

Academic Year: 2017/18		Date Updated: October 2017		
<p>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</p>				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Embed physical activity throughout the day through active playgrounds, active teaching and engagement with parents to get active and play sport together.	<p>Develop the playground to further support active play: Playground markings to support playpod and break time play e.g. road markings for travel</p> <p>Support sports leaders who were trained last year and train more sports leaders.</p> <p>Promote 'Mile a day' across the school and put some funding towards an all year mile running track.</p> <p>Run a 'Real Play' club with families.</p> <p>Invite local clubs to provide taster sessions for pupils then sign post to parents. These sessions might also involve parents.</p> <p>Continue to provide a varied and full extra-curricular sport programme provided by teaching staff and external coaches.</p> <p>Promote the use of sport and physical activity to enhance the curriculum e.g. Reception and Year 1 outdoor areas provide opportunities for the children to engage with physical activity</p> <p>Change the swimming provision in Year 3 and 5 from 10 X ½ hour sessions to 5 X 1 hour sessions</p>	<p>£600</p> <p>PE Apprentice</p> <p>£5000</p> <p>£2000 part of Health Membership</p> <p>Free</p> <p>Free and parents charged</p> <p>£300 – resourcing equipment</p>	<p>Observations of children's play show that they are playing games where they are more active through travel using scrap and simply using their bodies.</p> <p>Pupil voice evidences that children are engaged with games at lunchtime supported by the Sports Leaders. They are then playing these games at shorter break times when they do not have playpod equipment.</p> <p>Children and parents have the opportunity to play and learn together</p> <p>Pupil questionnaire evidences more children engage with and playing sport out of school than 2016-2017</p> <p>A greater number of pupils are engaging with extra-curricular sporting activities provided by school than 2016-2017</p> <p>Pupils are physically active for longer in the pool developing their strength and stamina. Pupils have longer each session to practice the skills being taught.</p>	<p>The markings will be there for many years to support active play.</p> <p>Mile a day track will be a facility that the school community can use for years to come.</p> <p>Established play leaders will be able to help train new sports leaders and support them.</p> <p>Children engage with new sports at school extra-curricular clubs and then continue with this sport at an external club.</p> <p>Reception and Year 1 outdoor areas are further developed so that pupils can engage with Active learning</p>

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Develop the schools culture in promoting aspects of pupils welfare by supporting pupils and parents knowledge on how to keep themselves healthy, including through exercise and healthy eating.</p>	<p>Wednesday SSN Coach to develop their role as a health activator. There role will be to:</p> <ul style="list-style-type: none"> • Run a Change 4 life club with Sports Leaders for targeted pupils. • Run an after school club targeted at families to promote healthy lifestyles through physical activity and playing together – also links in with the above target <p>Targeted pupils attend a Sportsability programme engaging them with sport and giving them confidence to participate.</p> <p>Run a family healthy eating club where families will spend time learning cookery skills, food preparation and raising awareness of eating a healthy balanced diet.</p> <p>Year 4 to take part in a 6 week FunFit programme focusing on 5 key components of fitness; cardiovascular capacity, strength, speed, coordination and agility. Children will also learn about the different components of fitness, how the body moves and how to effectively work as part of a team.</p> <p>Engage with parents through the Sports Scoop Extra each half term and regular Facebook and Twitter feeds about PE and Sport. Celebrating pupils sporting achievements, signposting outside clubs and agencies. Develop a new section in the scoop that will promote healthier lifestyles for families written by the family engagement officer</p>	<p>£4700 per year 1 ½ days</p> <p>Part of SSN membership package</p> <p>Felix Dad – part of the Jamie Food Revolution</p> <p>£480</p>	<p>Children who are less active are engaged in physical activity and school sport through an exciting program that aims to harness the inspiration of the Olympic and Paralympic Games.</p> <p>Pupil feedback forms evidence how the programme has impacted on the pupils and their attitude to PE and Sport.</p> <p>Twitter/facebook feeds shows parents engagement with the programme. Parent questionnaires evidence the positive impact the programme has had on their eating habits.</p> <p>Data provided by the programme shows an increase in children’s fitness and strength as they are able to improve on their initial scores at the end of the 6 weeks</p> <p>Parent questionnaires evidence pupils attitudes to PE and Sport and how the Scoop Extra supports this</p>	<p>TA/teacher to support club so we have the capacity to run this again without external support.</p> <p>A Healthy Eating Club becomes part of our extra-curricular calendar and embedded into our overarching vision to support families in keeping themselves healthy</p>

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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Pupils experience quality teaching in PE that challenges them, develops their skills appropriately whilst also physically exercising.</p>	<p>Audit teachers' strengths and weaknesses in teaching and attitudes to PE at the start and the end of the year.</p> <p>Use coaching hours as part of SSN membership to provide targeted CPD.</p> <p>Train teachers in Year 1 to teach Gym using the 'Real Gym' resource and principles</p> <p>Support staff through training to ensure PE sessions are inclusive for all: staff to attend course on inclusive PE</p>		<p>Monitoring sheets from teaching staff</p> <p>Feedback from teachers and pupil voice evidences greater confidence in teaching Gym and pupils responding positively to this new approach.</p>	<p>Year 1 teachers to trial this approach to teaching with a view to roll out to the rest of the school in 2018/2019</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Additional achievements:</p> <p>Target the least active pupils through giving them the opportunity to engage with new sports and physical activities.</p>	<p>Identify how active pupils are through online SPWA pupil questionnaire at the start and end of the academic year</p> <p>Target pupils to attend SSN Sportsability programme</p> <p>Engage pupils with the Sports leaders programme where pupils are encouraged to help out during PE sessions and lunchtimes – 15% of pupils for Gold Schools Games Mark</p> <p>Establish a ‘School Sports Organising Committee’ (SSOC) who work as a separate group and alongside the school council</p> <p>Organise more inclusive sports with a focus on girls sports. Formation of the girls football team and the participation in the girls football tournament.</p> <p>Co-ordinate with Gloucestershire FA to source funding/coaches to run girls football clubs in school Year 2 – 6.</p> <p>Co-ordinate with Gloucestershire Cricket board to source funding/coaches to run girls cricket clubs in school Year 3- 6.</p> <p>All Reception pupils to take part in the balanceability programme.</p> <p>Offer the children a balanced and varied extra-curricular programme from team sports with an aim to play on the school</p>	<p>SSN Membership package</p> <p>SSN Membership package</p> <p>Sports Apprentice</p> <p>Sports Apprentice</p> <p>Coaching funded by Gloucestershire FA</p> <p>Coaching funded by Gloucestershire Cricket Board</p> <p>£500</p>	<p>SPWA questionnaire shows that pupils have had the opportunity to experience a new sport and if attitudes to sport have changed</p> <p>Pupil conferencing shows an understanding of the importance of leadership qualities such as;</p> <ul style="list-style-type: none"> • Responsibility • Enthusiasm • Communication • Co-operation • Inclusive <p>SSOC lead the planning and delivery of school sport clubs and level 1 (intra) school competition programmes</p> <p>Pupil voice and participation figures.</p> <p>Number of Reception children who can ride a bike/balance bike at the end of the programme compared with the start.</p> <p>Club participation numbers and monitor if targeted pupils are accessing clubs.</p>	<p>Through engaging with Gloucestershire FA and Cricket board a strong relationship will be built for St James to be involved in future sporting opportunities</p>

	team and new sports that pupils won't access in the curriculum e.g. Archery, Tattybumpkins, Cycling Club			
Key indicator 5: Increased participation in competitive sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Continue to raise the profile and number of children who have the opportunity to participate in competitive sport and KS1 to experience sport festivals between cluster schools and level 2 SSN events: Gold School Games Mark Level 1 – 8 sports Level 2 – 6 sports B Teams – 3 sports C Teams – 1 sport	<p>Pupils to have the opportunity to take part in a House Competition each term: Football, Cross Country, Orienteering</p> <p>Work with Cluster school to organise at least 2 festivals for KS 1 pupils</p> <p>Buy in a coach for football club to ensure high quality coaching for A and B Football team.</p> <p>Play and A, B and C teams where possible for Level 2 competitions e.g. Netball, football, Cross Country, Rounders</p> <p>Enter KS 1, Year 3 and Year 5/6 Key Steps Gym competitions</p> <p>Enter a KS1 dance into the Feetfirst Dance festival</p> <p>G & T pupils have the opportunity to develop their overarching skills to support their chosen competitive sport through attending a 10 week 'Maximise Your Potential' course</p>	<p>£30 per hour</p> <p>SSN Membership package</p> <p>SSN Membership package</p>	<p>Pupil participation and comments on feedback sheets</p> <p>This is the first year they have organised a gym competition and dance festival across KS1 and KS2. Pupil participation</p> <p>Selected pupils further develop fundamental skills and principles to help them succeed in their chosen sports – pupil voice</p>	